DiabetesFinalExpense

FREE CHECKLIST

Diabetes health history checklist for a final expense application

Medicines, dates and doctors, ready for the agent call

Fill this in before you apply. It helps your answers match your records. It is a paperwork checklist, not medical advice.

About the diabetes

- [ ] Type 1 or type 2, as my doctor has it written
- [ ] Month and year I was diagnosed
- [ ] My age when I was diagnosed
- [ ] Month and year I started insulin, if I use it
- [ ] Date and result of my last A1C, if I know it

Type and year diagnosed

Treatment (diet, pills, insulin, pump)

Last A1C and date

My medicines now

General education, not insurance, legal or tax advice. Figures are examples unless a source is named. Prices and rules vary by state and insurer.

Medicine	Dose	Started	Doctor

- [ ] I asked my pharmacy for a printout of recent fills
- [ ] I listed medicines I stopped in the last few years, with the reason

Complications, if any

- [ ] Kidney disease or dialysis
- [ ] Neuropathy, numbness or nerve pain
- [ ] Retinopathy or another eye problem
- [ ] Poor circulation or a foot ulcer that was slow to heal
- [ ] Amputation, with the date and the cause

Complication, date and doctor

Complication, date and doctor

> The CDC says nerve damage affects about half of people with diabetes. Insurers ask about it by name, so list it exactly as your doctor does.

Other health

- [ ] Heart attack, stent, bypass or heart failure, with dates
- [ ] Stroke or mini stroke
- [ ] High blood pressure or cholesterol
- [ ] Hospital or emergency visits in the last few years
- [ ] Tobacco use, with the date I quit

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Condition or visit, date and reason

People and payment

- [ ] Full name of the person who should receive the money
- [ ] Date of birth and relationship of that person
- [ ] A backup person
- [ ] Names and phone numbers of my main doctors
- [ ] The account I would use for automatic payments

Beneficiary and relationship

Backup

Bank draft day of the month

> Answer exactly what each question asks. If you do not know, say so. You never have to buy.

Sources

- CDC: About diabetes
  www.cdc.gov/diabetes/about/index.html
- CDC: Diabetes and your feet
  www.cdc.gov/diabetes/diabetes-complications/diabetes-and-your-feet.html
- NAIC: Life insurance consumer guide
  content.naic.org/consumer/life-insurance.htm

Next: get your free starting estimate

diabetesfinalexpense.com/quote or call (888) 635-3511

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